

IPL Photo-Rejuvenation Post-Treatment Instructions



- You may be slightly pink or red directly after your treatment as well as have mild swelling. This should subside in a few days. Dark pigmented lesions and veins will be darker and will take one to two weeks to shed.
- Quick, warm (not hot) showers are recommended. If areas are treated other than the facial area, hot showers or baths are not advised for 24 hours.
- Treat the area as if it were sunburned. No harsh chemicals or extreme heat for a minimum of 24 hours.
- If the skin is broken or a blister appears, apply an antibiotic ointment (Polysporin) and notify your physician immediately.
- Cold packs, aloe-vera or any other cooling preparation may be used to ease temporary discomfort.
- Prolonged sun exposure is to be avoided for two weeks before and after treatment. If however this cannot be done, then total sun block, not a sunscreen, should be applied. **If further treatment is needed, a commitment to stay out of the sun is necessary.** Direct sun exposure may result in burns, blisters, and long-term hyperpigmentation.
- Makeup can be applied as long as the skin is not broken.

For Questions or Emergency Care:

Call the office at **601-815-3374**. You may need to speak with the doctor on-call.