



Hypertrichosis (Excess Hair Growth)

Hypertrichosis is often genetic or hereditary. Rarely is it secondary to a hormonal imbalance or other reasons. If you have severe acne which does not respond to treatment or significant menstrual cycle irregularities, a hormonal cause is more likely and we recommend that you see your gynecologist for a hormonal evaluation.

Treatment Options:

- Shaving is the safest method. It does not lead to scarring or coarser hair re-growth.
- Electrolysis is an option in some cases. If done incorrectly though it can occasionally lead to scarring.
- Topical agents (depilatory) may be helpful but can lead to irritation and subsequent skin discoloration.
- Waxing or plucking is more likely to lead to skin thickening and scarring if used repeatedly.
- Laser treatment is a newer method of hair reduction. Multiple treatments are needed and can be very helpful. This works best on darker hair.
- Prescription products to slow hair growth can also be helpful.

For Questions or Emergency Care:

Call the office at **601-815-3374**. You may need to speak with the doctor on-call.