



Hidradenitis Suppurativa

Definition:

Hidradenitis Suppurativa is a chronic inflammatory condition that results in painful cysts. It commonly affects the groin, under the arms and under the breasts. The scalp may also be involved. Treatment is difficult and is most successful if instituted early in the course of the disease.

Treatments:

- Most patients require long-term oral antibiotic therapy to help suppress the disease.
- Topical antibiotics such as Cleocin may be helpful.
- Antibacterial soaps such as Dial or Lever 2000 are helpful.
- Occasionally lesions may need drainage or injection with steroids.
- If you are overweight, weight loss may be helpful.
- Tight clothing in these areas should be avoided. It may worsen the condition.

More aggressive treatments, including surgical excision, may be considered if the above fail. Your physician should evaluate any suspicious non-healing lesions.

For Questions or Emergency Care:

Call the office at **601-815-3374**. You may need to speak with the doctor on-call.