



## *Granuloma Annulare*

Granuloma annulare is benign and usually limited skin disease. It usually presents as papules or as annular (circular) plaques on the extremities in young people. The areas may be skin-colored, pink, or purplish, and are usually asymptomatic. This disease will often resolve spontaneously. Two thirds of patients with this disease will have their first outbreak before age 30. Women are twice as likely as men to have Granuloma annulare. There may be an association with diabetes, particularly in adults. Your dermatologist will often make a diagnosis simply by looking at the rash. If there is any question about the diagnosis, a biopsy and/or blood tests may be performed.

Treatment options include using high-potency topical steroid preparations or steroid injections into the areas. It is perfectly acceptable not to treat Granuloma annulare if it is not a concern for you.

### ***For Questions or Emergency Care:***

Call the office at **601-815-3374**. You may need to speak with the doctor on-call.