



Efudex/Fluoroplex Therapy

- You have been prescribed a topical chemotherapy product used to destroy sun-damaged cells. It does not usually affect normal skin cells. The full course of treatment is necessary to eliminate most of the abnormal cells. Only use this medication under the direct supervision of your physician and only on the areas where you are instructed to apply it.
- Using your fingertips or a Q-tip, rub in a very thin amount of the medication every night (for the face) or every morning and every night (for the arms or chest). To apply to an isolated lesion, apply it to the lesion and the surrounding area (about the size of a quarter coin). For multiple lesions in an area, apply the medication to the entire area, not just the individual spots. This method will help eliminate any small lesions that may not be visible.
- Avoid using the medication around the eyes or creases around the mouth or nose.
- **Do not use this medication if you are pregnant.**
- Treatment will usually last about four weeks.

Visits may include:

- First: initiation of treatment
- Second: 14th day of therapy
- Third: 28th day of therapy to determine how much longer the treatment will need to be continued
- Fourth: two months after therapy is complete. (Any residual lesions may be treated with liquid nitrogen at this time)
- This medication is preferably used in the winter. If it is used in the summer, avoid sun exposure until the areas heal. Wear at least a #30 SPF sun block if you must be in the sun at all.
- The treated areas will initially look worse with redness and peeling. It may occasionally blister and then form a crust. If you have facial swelling, oozing/drainage, or significant discomfort, please make an appointment. We would like to evaluate you as soon as possible.
- If you develop a fever blister on your lip during treatment, please notify us.
- For excessive irritation, try antibiotic ointment twice daily, Vaseline, or Aquaphor. If these measures fail, try over the counter hydrocortisone ointment. Cool compresses may be helpful as well.
- Use a mild soap such as Cetaphil cleanser or Dove sensitive skin formula while on Efudex.

- Do not use Retin A, Renova, or glycolic products while on Efudex.
- After Efudex therapy is complete, the treated areas will heal in 3-6 weeks. Some redness may persist but this usually fades. **Do not continue to use Efudex after the course is complete.**

For Questions or Emergency Care:

Call the office at **601-815-3374**. You may need to speak with the doctor on-call.