



Postoperative Care of Blepharoplasty

Please follow these instructions carefully. Your final result will depend upon how well you care for the treated areas.

DO: clean suture lines with hydrogen peroxide and a Q-tip three times daily.

DO: apply Lacri-Lube or artificial tears in your eyes if they feel dry or irritated.

DO: report any eye pain or change in your vision to the clinic staff immediately.

DO: wear glasses, if necessary, being sure they do not pull on the incision line.

DO: continue cold compresses over the eyelids for two days. The best way to do this is with several washcloths in a basin of icewater changing them out every 20-30 minutes

DO: sleep with head elevated 30 to 40 degrees.

DO: wash your hair following surgery, if desired. You may shower normally, but do not wash the face around the eyes for seven days.

DO: leave any brown paper tape dressings in place until your return visit when we will remove them. You can shower normally with these and gently pat them dry with a towel.

DO NOT: apply any make-up around the incisions (mascara, eyeliner, or eye shadow) for the first seven days following surgery.

DO NOT: wear contact lenses for 10 days.

DO NOT: pluck eyebrows for two weeks.

Remember: You will experience some swelling and bruising of the eyelids and perhaps the whites of the eye. This will fade in seven to ten days. Staying upright and using the ice packs will help. You will also experience some blurring of the vision for two to three days after the surgery. This is also due to the swelling and will fade with time.

For Questions or Emergency Care:

Call the office at **601-815-3374**. You may need to speak with the doctor on-call.