



Aldara Cream

- Aldara is a cream that may be applied to warts or molluscum to help eliminate them. It works by boosting the immune system locally. It is helpful in some but not all cases.
- For non-genital lesions: Apply the cream every night followed by waterproof medical tape. **(These directions are different from the package directions.)** If excessive irritation develops, skip a few nights until the irritation resolves. It is okay for the area to get a little red. For the bottom of the foot use Mediplast once a week overnight and file off the dead skin so that Aldara can penetrate the skin.
- For genital lesions: The package directions should be followed.
- If severe irritation develops, please contact us.
- The cream should be applied until the lesions have resolved – up to a maximum time of 4 months.
- A single package may be sealed with a paperclip or tinfoil and re-used.
- Aldara works best in the genital area because the skin is thin which results in better penetration of the cream. Although Aldara is not yet FDA approved for non-genital lesions, it is being widely used by dermatologists for warts and molluscum on many body areas with some success. Occlusion with waterproof medical tape on non-genital areas helps enhance penetration of the cream. (Soaking the area in water for up to five minutes before application - dry off before applying - may also help enhance penetration, but do not use this technique for non-genital skin.)

For Questions or Emergency Care:

Call the office at **601-815-3374**. You may need to speak with the doctor on-call.